

2009 Pan American Masters Weightlifting Championships

Women

July 17 - July 19, 2009

Age Group W40

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	53	Esmeralda PERDOMO	VEN	52.80	40	55	60	65	73	78	80	145	220.4723
1	63	Noris MERLO	VEN	60.40	44	20	27	27	35	38	40	65	93.1783
1	75	Maria Lourdes RUIZ OBANDO	NCA	74.90	44	57	62	65	85	80	93	158	201.6635
1	75+	Carmelina AYALA TORO	VEN	79.00	43	50	55	60	72	77	82	137	169.4151

Age Group W35

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	63	Carmen GARCIA	VEN	61.00	36	40	45	47	50	55	60	102	133.4830