

2009 Pan American Masters Weightlifting Championships

Men

July 17 - July 19, 2009

Age Group M75

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	69	Pedro SERRANO	PUR	63.60	78	50	53	56	65	74	74	121	403.6456
1	85	Donald BUCHANAN	CAN	77.50	78	38	43	45	48	52	55	100	293.8731

Age Group M70

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	62	Ben NOWOTNY	USA	56.60	70	35	40	45	45	50	55	95	283.7588
1	77	Jesus Rafael ARENAS	VEN	76.30	74	46	51	54	70	76	76	121	321.5097
2	77	Jose POSTIGO	DOM	73.30	72	40	44	46	55	55	60	95	251.1805

Age Group M65

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	105	Felix TORRES	PUR	94.40	68	60	65	65	75	80	-	145	291.9950

Age Group M60

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	85	Valerio FONTANALS	ESA	84.70	61	75	80	85	90	95	97	177	323.0701
2	85	Omar VALERA	VEN	77.30	63	60	65	68	75	75	80	140	276.7825
1	94	Evaristo MARTINEZ	VEN	87.90	64	55	60	60	70	70	-	125	234.5519

Age Group M55

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	69	Ricardo GIL BALBUENA	DOM	68.40	55	55	60	65	70	75	75	130	236.1745
1	85	Oscar FERREIRA	VEN	83.20	57	60	65	68	80	85	87	155	263.3855
1	105	Douglas URRIBARRI	VEN	104.50	58	65	70	72	80	85	85	157	247.1760
1	105+	David MELTZER	USA	105.10	57	80	85	85	105	111	115	195	299.6262

Age Group M50

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
extr	62	Ader RINCONES	VEN	61.60	53	65	72	72	90	100	105	172	322.0087
extr	69	Raul RANGEL	VEN	64.90	51	60	65	65	80	85	90	145	253.7899
extr	69	Vicente ROMAN	VEN	68.80	52	70	70	80	95	105	110	175	298.1758
1	77	Hugo THEMEN	ARU	76.10	52	75	80	85	90	95	100	180	288.1309
2	77	Jorge ALVARADO RIVERA	PUR	69.80	53	65	69	71	79	85	89	160	274.7439
1	85	Ergan MONTILLA	DOM	81.10	53	86	90	95	105	110	-	195	306.4525
1	94	Leslie SIMONTON	USA	92.00	51	75	81	83	100	111	111	183	262.4463
1	105+	José Alejandro NUILA	ESA	112.60	52	90	95	97	110	115	-	212	285.8170

Age Group M45

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	69	Felix TORRES	PUR	68.40	47	70	70	81	80	85	90	160	262.0393
2	69	Juan MARIN	VEN	67.20	47	65	70	70	80	85	90	150	248.5792
1	85	Pedro INFANTE	VEN	83.70	45	100	110	115	135	140	140	245	350.0142
1	94	Martin ROJAS	VEN	86.80	41	80	85	87	100	105	107	194	261.2390
1	105+	Efrain A. FLORES	VEN	106.90	49	90	100	105	120	130	140	240	319.3035

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Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	56	Josue FARFAN	VEN	55.70	41	90	96	96	110	118	-	214	384.2184
1	77	Diomar MONDRAGON	COL	73.80	40	90	100	105	115	125	-	205	298.6847
2	77	Jose LOZADA	VEN	75.20	40	75	80	85	117	122	126	202	291.0260
3	77	Dennis ARGUELLO	VEN	75.30	44	55	65	-	85	90	100	155	232.3688
1	85	Victor H. PAREDES	VEN	84.60	41	117	122	122	145	152	158	269	366.8652
2	85	Lino Antonio ALFONZO ARENA	VEN	83.80	41	62	67	72	85	90	90	162	222.0060
1	94	Rauseo RAMIREZ	VEN	92.60	44	110	115	-	142	150	-	265	357.2177
1	105	Nestor OLIVO RUZA	VEN	104.40	43	115	120	125	130	140	150	270	343.3469
2	105	Rafael RODRIGUEZ	VEN	103.80	43	85	87	90	105	110	115	205	261.2187
1	105+	Sergio TOVAR	VEN	135.70	40	120	127	127	140	150	160	280	323.4785
2	105+	Vidal VIERA	VEN	120.30	41	95	100	105	125	135	140	245	292.8054
3	105+	Frank Jose MOLINA IBARRA	VEN	132.90	42	87	95	101	112	117	117	218	257.6127
4	105+	Roy Gerado SANCHO LOPEZ	CRC	124.20	40	85	90	90	105	110	112	197	231.4471

Age Group M35

Pl	Wt. Class	Name	Nat.	Body Wt.	Age	Snatch			Clean & Jerk			Total	S-M-M Total
						1st	2nd	3rd	1st	2nd	3rd		
1	56	Jorge LISTA	VEN	55.10	35	60	70	75	75	85	92	155	262.3992
1	69	Anderson RAMIREZ	VEN	68.70	35	110	115	115	135	145	152	260	374.0002
2	69	Cesar ESPANA URBINA	VEN	69.00	36	90	95	98	120	120	130	215	312.7022
1	77	Javier PEREZ MARIN	COL	76.60	39	105	110	112	115	120	125	230	324.6410
2	77	Oswaldo TOVAR LOZANO	VEN	73.40	38	90	97	99	110	120	125	210	300.7649
3	77	Jesus PEÑA ARAQUE	VEN	74.30	39	65	65	70	80	85	95	150	215.5553
1	85	Walter LLERENA TORRES	ECU	84.00	36	130	137	142	165	177	177	307	398.2225
2	85	Henry CANELONES	VEN	83.30	39	90	95	100	105	115	120	200	269.6519
1	94	Jose MEDINA	VEN	90.60	39	120	120	125	152	161	166	291	376.6839
1	105	Larry ARIAS	VEN	96.90	39	90	97	97	115	120	125	215	270.3886