



English Weightlifting Championships 2011

Lilleshall National Sports Centre

Saturday 19th February 2011

PLACE	LIFT #	GYM NAME	FAMILY NAME	CLUB	BIRTH YEAR	DOB/M/Y	HANGOVER	TOTAL	REQUIREMENT	CATCHWEIGHT, kg	BODY WEIGHT kg	SNATCH kg			JERK kg			BEST RESULT		TOTAL kg	REMARKS
												1	2	3	1	2	3	SNATCH kg	JERK kg		
GROUP 1																					
56 KILO CLASS																					
1	2	JASWANT	SHERGILL	Unattached	14.01.93	180	56	55.30	80	83	-85	100	-101	-101	83	100	183	286.3			
2	3	EYTAN	BENSON	Wood Green	23.12.85	155	56	55.30	63	65	-68	90	-92	-92	65	90	155	242.5			
3	1	MARTYN	RILEY	Featherstone	23.10.82	142	56	53.90	60	63	-66	70	75	-78	63	75	138	220.3			
62 KILO CLASS																					
1	1	KIVUMBI MUSOKE	MUBARAK	Crossfit Manchester	01.12.89	225	62	61.50	90	95	100	130	135	-140	100	135	235	339.7			
2	3	DAVID	OAKES	Team Manchester	13.05.89	207	62	60.80	88	88	92	112	117	120	92	120	212	309.0			
3	2	HAKEEM	BABALOLA	Team Manchester	14.04.94	190	62	61.75	77	77	82	105	-110	-110	82	105	187	269.5			
GROUP 2																					
69 KILO CLASS																					
1	1	CHRIS	FREEBURY	Derby Power People	22.05.89	240	69	68.30	105	111	-115	125	-131	-131	111	125	236	317.9			
2	5	ALEX	COLLIER	Team Manchester	29.03.94	214	69	68.00	90	96	100	115	120	123	100	123	223	301.2			
3	2	CHRISTOS	MICHAELAS	Team Manchester	16.02.93	195	69	66.00	86	91	91	106	112	117	91	117	208	286.5			
4	10	ROBERT	GREEN	St. Birnius	20.05.92	206	69	68.20	88	91	-94	117	-121	-121	91	117	208	280.4			
5	6	JOSH	COX	St. Birnius	29.01.94	195	69	67.40	83	88	90	105	111	113	90	113	203	275.8			
6	8	ANDREW	SEABER	Woking	19.02.56	190	69	67.90	91	-97	-97	105	109	112	91	112	203	274.5			
7	7	ANTHONY	ROTHWELL	Crossfit Manchester	01.02.91	190	69	67.30	80	-86	90	-110	112	-118	90	112	202	274.7			
8	4	EDDIE	CHAMBERS	St. Birnius	03.12.91	194	69	64.60	84	88	91	100	105	109	91	109	200	279.4			
9	3	BRETT	HUNT	Wakefield	17.07.79	188	69	67.60	88	-92	-92	105	110	-112	88	110	198	268.5			
10	9	LAU	GRADY	Crossfit Manchester	06.01.91	205	69	67.20	85	-85	85	-110	110	-117	85	110	196	266.8			
GROUP 4																					
77 KILO CLASS																					
1	1	HALIL	ZORBA	Crystal Palace	22.09.88	260	77	73.00	110	115	-120	150	157	160	115	160	275	355.6			
2	2	SONNY	WEBSTER	Empire Sports Club	10.03.94	258	77	76.60	110	115	-117	140	144	-146	115	144	259	325.8			
3	4	EDWARD	DURANTE	Ivybridge	20.11.93	209	77	74.90	88	91	95	109	-113	113	95	113	208	265.0			
4	5	ALEX	EMMERSON	Crossfit Manchester	04.11.80	209	77	76.40	85	-86	86	105	-	-	86	105	191	240.6			
5	3	CHRIS	CHEA	Woking	28.03.85	266	77	69.60	110	116	118	-140	-140	-140	118	0	0	0.0			
85 KILO CLASS																					
1	1	LUKE	DORN	Bethnal Green	16.10.83	263	85	84.10	-115	-115	-115	-	-	-	0	0	0	0.0			
94 KILO CLASS																					
1	2	KOING	CHEA	Woking	27.12.83	269	94	88.20	-110	-110	110	130	137	-148	110	137	247	289.1			
2	1	KRIS	CARTER	Empire Sports Club	07.06.91	245	94	86.60	-105	105	-110	135	-141	-141	105	135	240	283.3			
105+ KILO CLASS																					
1	1	THOMAS	NORMAN	Woking	15.09.82	261	105+	122.30	110	-115	-115	140	150	-156	110	150	260	271.2			
2	2	JOHN	HANNA	Redditch	08.08.83	285	105+	118.00	120	125	-130	-160	-161	-161	125	0	0	0.0			
48 KILO CLASS																					
1	1	HANNAH	POWELL	Oldbury COS	12.12.92	128	48	44.40	53	-57	-57	-73	73	-76	53	73	126	206.71			
53 KILO CLASS																					
1	3	JOANNE	CALVINO	Crystal Palace	18.08.80	158	53	52.70	62	65	-67	85	87	-	65	87	152	214.65			
2	2	VICKI	KERR	Genesis	15.05.79	134	53	52.90	-60	50	-64	67	-70	-72	50	67	117	164.73			
3	1	AMY	FOY	Oldbury COS	26.11.95		53	51.00	30	35	-40	43	47	50	35	50	85	123.27			
58 KILO CLASS																					
1	1	EMILY	CUSHION	St. Mary's University	22.06.90	122	58	57.00	48	54	-57	70	-74	-74	54	70	124	164.98			
63 KILO CLASS																					
1	2	EMILY	GODLEY	Crystal Palace	22.10.89	165	63	62.60	73	-77	-78	92	-97	-97	73	92	165	205.96			
2	5	SUNNY	BRAR	Sutton & Epsom	19.02.85	140	63	62.90	70	72	-74	-90	-91	91	72	91	163	202.84			
3	4	FIONA	JENKINSON	Empire Sports Club	03.07.81	122	63	60.50	52	55	-67	72	-75	75	55	75	130	165.93			
4	3	VIKA	DI GIORGIO	Newcastle	28.12.73	140	63	59.90	-60	50	-64	82	85	88	50	68	118	151.63			
DNS	1	JOSIE	CALVERT BRIG	Leeds Met	09.06.92	113	63	62.60	DNS						0	0	0	0.00			
69 KILO CLASS																					
1	1	EVELYN	STEPHENSON	Sutton & Epsom	12.01.87	130	69	68.10	-60	50	55	70	-75	75	55	75	130	154.28			
75+ KILO CLASS																					
1	1	GEMMA	WILLIAMS	Empire Sports Club	14.09.85		75+	103.40	57	60	63	72	77	82	63	82	145	147.51			