

Asian Weightlifting Federation  
*Asian CUP-Interclub Weightlifting Championship*

**Results SENIOR**

**Results MEN 56 Total**

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	IHTIOR Matkrerimov	1994/04/18	ANA	A	55.90	101 kg	131 kg	232 kg
2	MUHAMAD Shahzad	1990/07/04	PAK	A	55.85	100 kg	123 kg	223 kg
3	ISLOM Karimov	1994/01/01	PRG	A	53.70	80 kg	100 kg	180 kg
4	ABDULVAKIL Hamed	1990/03/22	AFG	A	55.80	75 kg	80 kg	155 kg

**Results MEN 62 Total**

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	NIZOM Sangov	1983/06/26	TJK	A	62.00	116 kg	140 kg	256 kg
2	BEKZAT Osmonaliev	1985/12/28	KGZ	A	60.60	115 kg	137 kg	252 kg
3	OMAR Handurdyev	1998/12/28	TKM	A	61.50	105 kg	141 kg	246 kg
4	ODILBAEK Nabijonov	1991/06/27	UZB	A	59.90	100 kg	125 kg	225 kg
5	MUHAMMAD Ruzimatov	1992/10/26	UZB	A	61.65	95 kg	126 kg	221 kg

**Results MEN 69 Total**

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	JABER Behrozi	1991/08/22	NID	A	68.65	140 kg	170 kg	310 kg
2	UMURBEK Bazarbayev	1981/09/17	TKM	A	67.35	125 kg	153 kg	278 kg
3	ALISHER Abdullaev	1990/07/17	UZB	A	66.85	120 kg	150 kg	270 kg
4	BEKZOD Yusupov	1989/03/25	PRG	A	68.25	106 kg	130 kg	236 kg
OUT	HYEONG SEOP Lee	1988/08/27	GOY	A	68.75	168 kg	OUT	

**Results MEN 77 Total**

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	JEONG JAE Lee	1981/09/07	GOY	A	76.60	148 kg	180 kg	328 kg
2	RASOUL Taghian	1987/01/21	NID	A	76.85	149 kg	179 kg	328 kg
3	ULUGBEK Alimov	1989/04/06	UZB	A	74.65	132 kg	180 kg	312 kg
4	AMAN Meredov	1990/01/03	TKM	A	75.90	140 kg	165 kg	305 kg
5	ROVSHANBEK Gulyamov	1989/08/19	PRG	A	76.15	129 kg	150 kg	279 kg
6	REJEPBAY Rejepov	1992/02/23	ANA	A	75.30	128 kg	145 kg	273 kg
7	ESSA Saleh	1984/12/13	QAT	A	74.40	65 kg	80 kg	145 kg
8	SALAH Mohammad	1986/06/27	QAT	A	75.30	65 kg	75 kg	140 kg
OUT	BAYMURAD Orazdurdyev	1993/10/20	ANA	A	71.30	150 kg	OUT	

## Results MEN 85 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	SOHRAB Moradi	1988/09/22	NID	A	85.00	176 kg	208 kg	384 kg
2	MANSUR Rejepov	1982/01/01	TKM	A	84.95	150 kg	181 kg	331 kg
3	INOYAT Jumayew	1987/11/02	TKM	A	84.50	140 kg	180 kg	320 kg
4	KUBANYHSAEK Tokonaiev	1987/01/01	KGZ	A	84.30	130 kg	160 kg	290 kg
5	AZIZBBEK Juraev	1994/01/01	UZB	A	81.70	120 kg	140 kg	260 kg
6	MOHD MUSTAFA Karmand	1990/11/07	AFG	A	82.65	107 kg	140 kg	247 kg
7	MUSA Saleh ahmad	1983/05/24	QAT	A	78.65	80 kg	102 kg	182 kg

## Results MEN 94 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	ASGHAR Ebrahimi	1982/04/01	NID	A	92.55	165 kg	195 kg	360 kg
2	GIYOSIDDIN Amedov	1989/04/03	UZB	A	92.75	155 kg	194 kg	349 kg
3	JASUR Jumhev	1984/12/12	TKM	A	92.65	158 kg	190 kg	348 kg
4	KIM Hyun ho	1987/11/20	GOY	A	93.45	151 kg	196 kg	347 kg
5	MELIS Gulaliev	1989/01/01	TKM	A	93.40	158 kg	180 kg	338 kg
6	DOVLET Saparageldyev	1994/04/27	ANA	A	87.60	130 kg	157 kg	287 kg

## Results MEN 105 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	NAVVAB Nasir shalal	1989/04/01	NID	A	103.95	180 kg	208 kg	388 kg
2	MOHAMMAD REZA Barari	1988/03/31	NID	A	104.65	174 kg	205 kg	379 kg
3	DONG YOUNG Oh	1985/04/05	GOY	A	104.55	160 kg	191 kg	351 kg
4	JAKHONGIR Zinnatov	1990/08/17	UZB	A	99.80	150 kg	190 kg	340 kg
5	M.AB Rasuly	1973/02/19	AFG	A	97.95	110 kg	140 kg	250 kg

## Results MEN +105 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	BAHADOR Molaei	1992/03/21	NID	A	131.20	174 kg	233 kg	407 kg
2	REZA Ashorizadeh	1988/08/03	NID	A	158.60	180 kg	227 kg	407 kg
3	HOJMUNHAMET Toychiyev	1992/01/16	TKM	A	121.90	170 kg	210 kg	380 kg
4	BAHTYOR Toshpulatov	1982/10/25	UZB	A	117.80	161 kg	190 kg	351 kg
5	ABDUL RAOUF Noori	1978/04/14	AFG	A	114.50	100 kg	130 kg	230 kg

## Results WOMEN 48 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	MEHRINA Sisoeva	1993/05/30	UZB	A	47.40	75 kg	95 kg	170 kg
2	KADIROVA Lalah	1994/02/02	PRG	A	47.85	45 kg	57 kg	102 kg
OUT	MAHLIYO Togoeva	1992/01/07	UZB	A	46.65	0 kg	OUT	

## Results WOMEN 53 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	DILFUZH Bakirova	191/04/01	UZB	A	50.90	61 kg	75 kg	136 kg
2	DYORHEVA Eziza	1995/03/04	TKM	A	52.65	45 kg	62 kg	107 kg
3	KERIMOVA Malika	1995/05/04	TKM	A	48.45	45 kg	50 kg	95 kg

## Results WOMEN 58 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	KRISTINA Shermetova	1993/05/25	TKM	A	54.30	66 kg	90 kg	156 kg
2	BUREVA Bibiaishah	1995/01/01	PRG	A	57.00	54 kg	67 kg	121 kg
3	KHOSHIMOVA Hurjakhon	1996/01/01	PRG	A	54.30	50 kg	60 kg	110 kg

## Results WOMEN 63 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	MANZURAHON Mamasaliyeva	1991/01/16	UZB	A	62.00	80 kg	101 kg	181 kg
2	UMAROVA Nafisa	1995/01/01	PRG	A	61.10	50 kg	51 kg	101 kg

## Results WOMEN 69 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	ELENA Sisoeva	1984/12/11	UZB	A	64.85	93 kg	110 kg	203 kg
2	YULDUZ Sufitdinova	1990/09/01	UZB	A	65.70	80 kg	95 kg	175 kg

## Results WOMEN 75 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	NAFISA Askarova	1986/02/01	UZB	A	72.65	85 kg	102 kg	187 kg

## Results WOMEN +75 Total

Place	Name	Date of Birth	Nation	Group	Body Weight	Snatch	Clean &&	Result
1	KANDAHAROVA Dilafruz	1995/01/26	PRG	A	77.55	47 kg	53 kg	100 kg

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